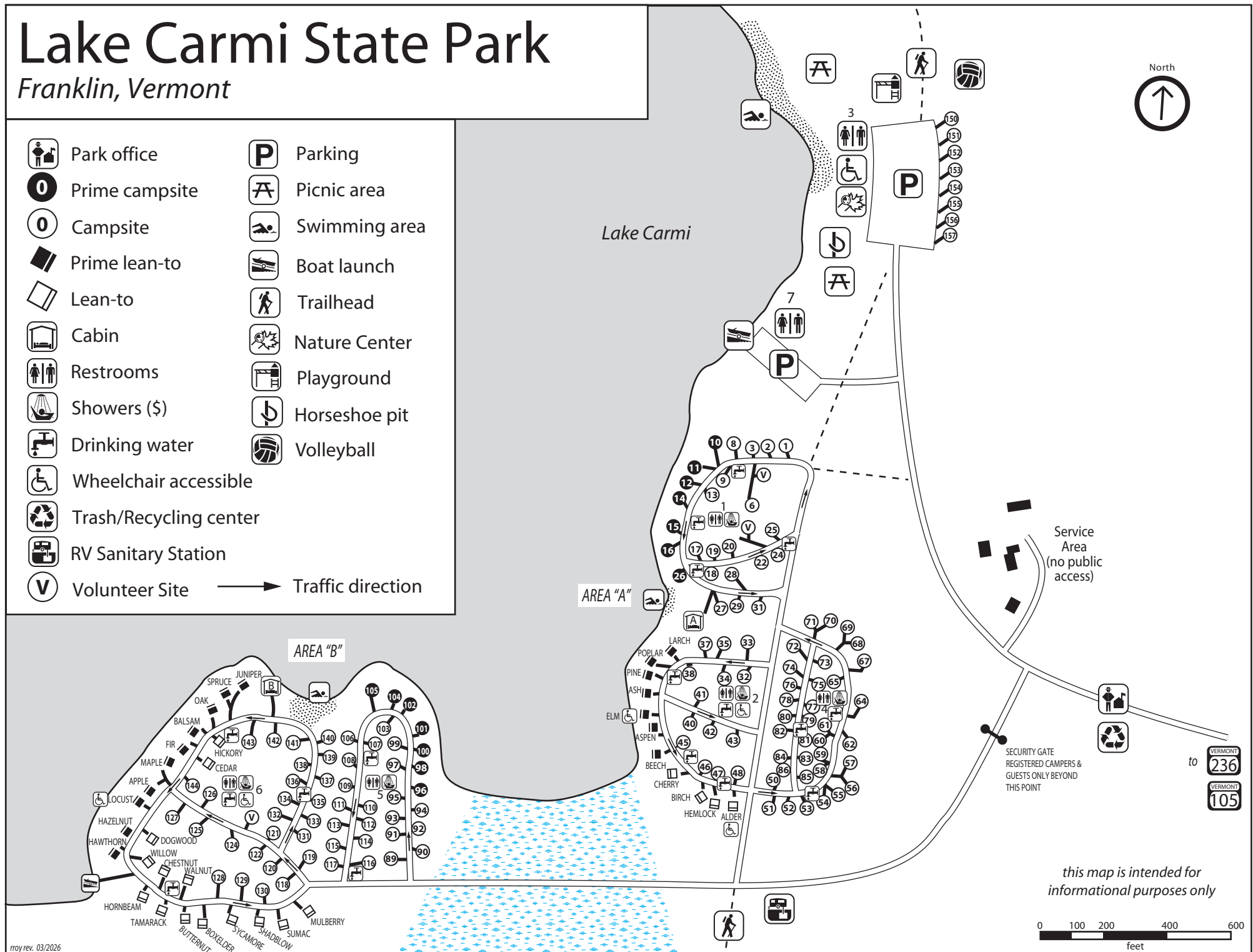


Lake Carmi State Park

Franklin, Vermont

- | | | | |
|--|------------------------|--|-------------------|
| | Park office | | Parking |
| | Prime campsite | | Picnic area |
| | Campsite | | Swimming area |
| | Prime lean-to | | Boat launch |
| | Lean-to | | Trailhead |
| | Cabin | | Nature Center |
| | Restrooms | | Playground |
| | Showers (\$) | | Horseshoe pit |
| | Drinking water | | Volleyball |
| | Wheelchair accessible | | |
| | Trash/Recycling center | | |
| | RV Sanitary Station | | |
| | Volunteer Site | | Traffic direction |



Lake Carmi State Park

Welcome to Lake Carmi. With a 1375-acre surface area, Carmi is the fourth largest natural lake entirely within Vermont. It is 7.5 miles around, averaging about 20 feet in depth, and is 33 feet at its deepest point. The lake supports northern pike, walleyes, and other warm water species. The lake drains north into Quebec's Pike River, then into Lake Champlain.

Lake Carmi was once much larger. In the thousands of years since the last ice age, the southern end of the original lake has silted in, creating wetland forests and the third largest peat bog in Vermont.

Most of the 140-acre bog lies within Lake Carmi State Park and is a designated State Natural Area. Natural Areas have been set aside for the preservation and protection of their unique ecological, geological, or scenic and contemplative values. The road to Camping Area "B" cuts through the bog and is the northern boundary of the Natural Area. The high ground on which Camping Area "B" is built would be an island if not for the bog.

The Lake Carmi Bog is characterized by spindly black spruce trees, with lesser numbers of tamarack trees. Shrubs, especially mountain holly, form a thick and nearly impenetrable understory. The ground plants includes pitcher plants, sedges, sphagnum mosses and other typical bog plants. This black spruce-tamarack bog is largely undisturbed and is unusual in Vermont for its size.

The state park includes over two miles of frontage on the south and east shore of Lake Carmi. Most of the 482-acres were purchased in 1959. The park was developed in stages through the 1960's. Some of the land is under agricultural license so the open fields are maintained by farming activity.

Lake Carmi State Park Amenities

- 140 campsites
- 35 lean-tos
- 2 cabins
- Beach picnic area
- Nature center and programs

Recreating and Sightseeing in the Area

Franklin

- Town Museum (open Sundays 3 to 5 p.m.)

St. Albans

- Kill Kare State Park
- Burton Island State Park
- Franklin County Historical Society

Swanton

- Missisquoi National Wildlife Refuge
- Missisquoi Valley Rail Trail

For more information, contact
Lake Carmi State Park
460 Marsh Farm Road
Enosburg Falls, VT 05450
(802) 933-8383 (Operating Season) or
VT State Parks Reservation Center
(888) 409-7579 M-F 9 AM-4 PM
www.vtstateparks.com



To request this publication in Braille or alternate visual format, please contact
parks@vermont.gov
VT TDD Relay Dial 7-1-1
Printed on recycled paper
03/2026 RSR

Lake Carmi State Park Map & Guide



Memorial Day Weekend-
Indigenous People's Day

Swimming
Picnicking
Boating
Camping
Cabin Rentals
Interpretive Programs
