

Fiery Gizzard State Park



TRAILHEAD INFORMATION

Distances indicate trailhead's distance (in road miles) from the Fiery Gizzard Visitor Center. Directions assume you are coming from the Visitor Center. Street addresses work with most GPS navigational systems, but are not guaranteed.

- **Fiery Gizzard Visitor Center** | 931-924-2980 | OPEN 8:00 A.M. – 4:30 P.M. CST DAILY; CLOSED FOR LUNCH
11745 US 41, Monteagle, TN 37356 - NO OVERNIGHT PARKING
- **Denny Cove Trailhead** (13.1 miles)
5917 US 41 (TN-150), Sequatchie, TN 37374 - NO OVERNIGHT PARKING
From Tracy City, take US 41 9.0 miles south; The Denny Cove entrance is a gravel road on the right with a small brown park sign, across from Foster Falls Volunteer Fire Department, 1.4 miles south of Foster Falls.
- **Fiery Gizzard North Trailhead** (3.0 miles)
131 Fiery Gizzard Rd, Tracy City, TN 37387 - OVERNIGHT PARKING FOR CAMPING ONLY
From US 41 in Tracy City, turn right at 3rd Street (flanked by Sequatchie Electric Co-op and a tire store). Take 3rd Street past the elementary school; look for a small brown park sign at Marion Street, on the right. Take Marion Street 2 blocks, then right on Fiery Gizzard Road. Parking area and trailhead are on the left.
- **Fiery Gizzard South Trailhead** (11.3 miles)
498 Foster Falls Rd, Sequatchie, TN 37374 - OVERNIGHT PARKING FOR CAMPING ONLY
From Tracy City, take US 41 7.6 miles south; watch for large brown park sign on right.
- **Grundy Lakes Historic Area** (5.0 miles)
587 Lakes Road, Tracy City, TN 37387 - NO OVERNIGHT PARKING
On US 41 just south of Tracy City, look for large brown park signs. Turn left at Lakes Road. Take Lakes Road 0.6 miles to parking area and trailhead.



Campsite
Reservations
Required



Climbing
Permit
Required



Upcoming
Park Events



Park Trail
Maps