

TRAILS OF ALLAMUCHY MOUNTAIN & STEPHENS STATE PARKS

Allamuchy Mountain State Park and Stephens State Park contain 27 marked trails leading to diverse landscapes for walking, hiking, biking, birding and more. There are more than 70 miles of trails, from short loop trails to long-distance networks, and from gentle, flat rail trails to more difficult cross-country hikes. In this brochure, the trails are organized into four groups by location.

Deer Park Trails

These trails are in the northwest area of Allamuchy Mountain State Park, south of Route 80 and west of Route 604, around Deer Park and Allamuchy Ponds. See descriptions below for specific trailheads.

Allamuchy Pond Trail

*Gray • 2.2 miles • Multiuse
Moderate • Loop trail around Allamuchy Pond*
Trailhead: Gravel parking lot south of road to Rutherford Hall. **Allamuchy Pond Trail** loops around the pond on a single track. The trail parallels wetlands south of the pond area and then turns north along Route 517 to return to the parking area.

Barberry Trail

*Red • 0.8 miles • Multiuse
Moderate • Short trail on north side of Deer Park Pond*
Trailhead: Deer Path or Lake View Trail. **Barberry Trail** is a short single-track trail along the north side of Deer Park Pond connecting Deer Path Trail with Lake View Trail.

Birch Trail

*Yellow • 0.7 miles • Multiuse
Moderate • Single-track on west side of park*
Trailhead: End of Deer Park Road. **Birch Trail** travels through a wooded landscape to connect Lake View Trail with Deer Path Trail.

Deer Path Trail

*White • 6.5 miles • Multiuse
Moderate • Long single-track loop trail*
Trailhead: Deer Park Road. **Deer Path Trail** is a long loop trail through the forested landscape surrounding Deer Park Pond. This large elevated section of the park is bordered by Interstate 80, Waterloo Road and Route 517.

Lake View Trail

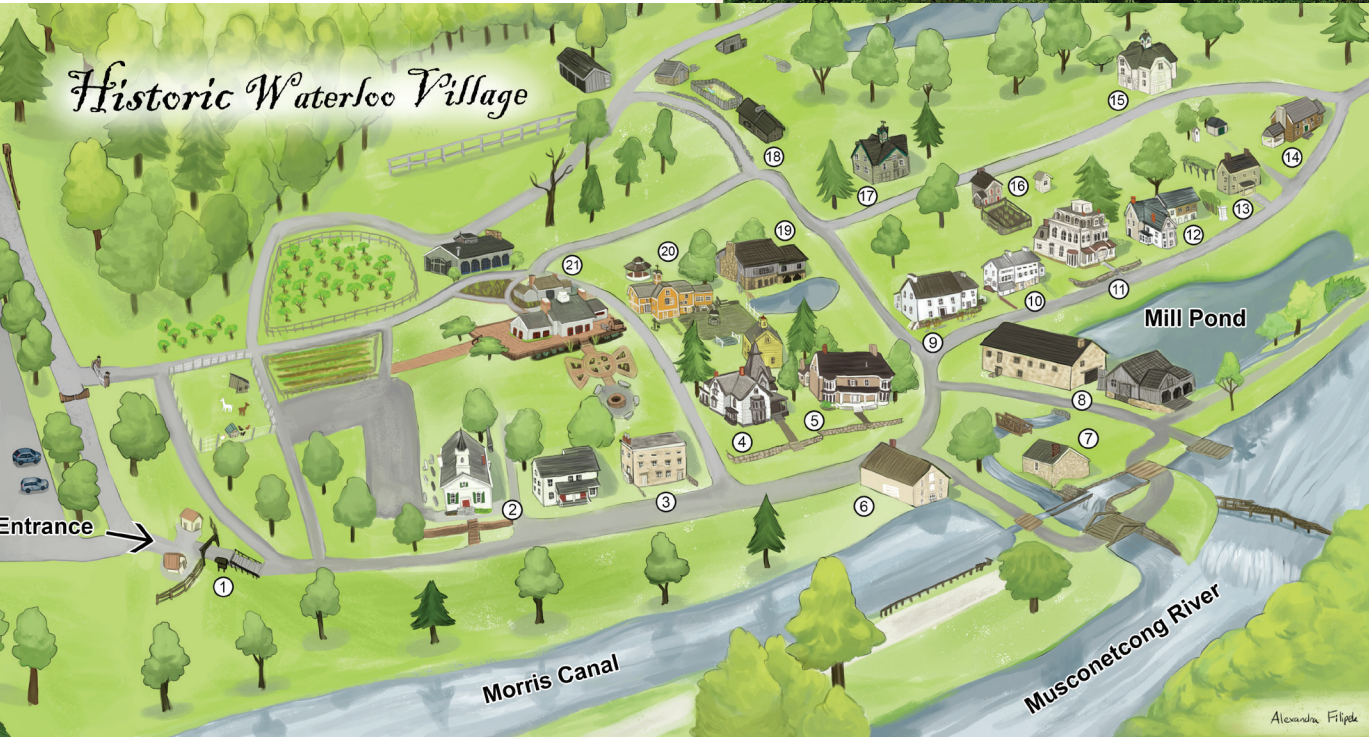
*Blue • 2.3 miles • Multiuse
Moderate • Single-track around southern edge of pond*
Trailhead: End of Deer Park Road. **Lake View Trail** travels an eight-foot-wide gravel-road around the south side of Deer Park Pond until reaching the spillway. The trail then narrows to 3 feet wide, turns north along the east side of the lake and ends as it reaches Deer Path Trail.

Waterloo North Trail

*Orange • 0.8 miles • Multiuse
Moderate to difficult • Moderate grade single-track trail*
Trailhead: Deer Path Trail or Waterloo Road. **Waterloo North Trail** is a short trail connecting Deer Path Trail to Waterloo Road, half a mile west of the Interstate 80 overpass. The trail has a moderate grade along a narrow ravine.

Waterloo South Trail

*Green • 0.5 miles • Multiuse
Moderate to difficult • Moderate grade single-track trail*
Trailhead: Deer Path Trail or Waterloo Road. **Waterloo South Trail** is a short trail connecting Deer Path Trail to Waterloo Road. The trail has a moderate grade along a drainage area.



Waterloo Village is nestled between Schooley’s and Allamuchy Mountains in the Musconetcong River Valley. It is an authentic 19th century village that developed on the banks of the Morris Canal. An interpretive trail guide is available at the park office.

Buildings of Waterloo Village

1. Waterloo Village Historic Site Entrance
2. Waterloo Methodist Church and Parish House
3. Tenant House
4. Seymour Smith House
5. Smith Store
6. Blacksmith
7. Gristmill & Sawmill
8. Waterloo Hotel
9. Peter D. Smith House
10. Canal Museum
11. White Barn boat exhibit
12. Blue Barn
13. Rutan Cabin
14. Mule Barn
15. Visitor/Interpretive Center
16. Restrooms and JAM Weddings at Waterloo

Stephens State Park Trails

These trails are located within Stephens State Park. See descriptions below for specific trailheads.

Blue Trail

*Blue • 0.8 miles • Multiuse
Moderate • Spur trail on forested hillside*
Trailhead: South side of White Trail. **Blue Trail** starts just over a mile from the beginning of White Trail on the south side of its loop. Blue Trail is a short section on a forested hillside that leaves from and returns to White Trail.

Green Trail

*Green • 2 miles • Multiuse
Moderate • Hilly forest road*
Trailhead: End of Station Road. **Green Trail** follows a network of woods roads through the forest and along the power line corridor. Green Trail connects Fire Tower Trail and White Trail.

Orange Trail

*Orange • 1.3 miles • Multiuse
Moderate • Steep & rocky sections*
Trailhead: Behind office at Stephens Day Use Area. **Orange Trail** makes a wide loop around forested hillsides.

Maze Trail

*Pink • 1.9 miles • Multiuse
Easy • Flat loop trail through lowlands*
Trailhead: North side of White Trail or Waterloo Valley Road. **Maze Trail** starts 1.75 miles from beginning of White Trail and makes a lollipop loop winding through relatively flat terrain with thick understory vegetation.

Fire Tower Trail

*Purple • 0.6 miles • Multiuse
Moderate • Short hilly loop trail to fire tower*
Trailhead: End of Fire Tower Road. **Fire Tower Trail** is a short loop that leads up to the 95-Mile Lookout Fire Tower and a large clearing.

Regional Trails

These trails are long distance trails that extend beyond the boundaries of Allamuchy Mountain State Park. See descriptions below for specific trailheads.

Highlands Trail

*Teal diamonds • 10 miles (in Allamuchy) • Hiking
Moderate • Long distance, regional trail*
Trailhead: Drexel Drive (east side) or Stephens Day Use Area (west side). **Highlands Trail** is a 150-mile, long-distance trail. Within Allamuchy, the trail travels through sections of forested and rocky highlands, and along the Musconetcong River. The trail also offers multiple scenic views on the north side of the river.

Sussex Branch Trail

*Red • 3 miles (in Allamuchy) • Multiuse
Easy • Flat, wide rail trail*
Trailhead: Parking area on north side of Waterloo Road. **Sussex Branch Trail** 3 miles (in Allamuchy) of the 20-mile-long Sussex Branch Trail starts at Waterloo Road and goes northwest to Cranberry Lake along an old railroad bed.

Towpath Trail/Morris Canal Greenway

*Green & yellow • 7.3 miles (in Allamuchy) • Multiuse
Easy • Flat, wide rail-trail*
Trailhead: Route 665, Waterloo Village or parking pull-off on Continental Drive. **Towpath Trail** is a portion of the Morris Canal Greenway that traces a section of the historic canal along the Musconetcong River to Waterloo Village. A shorter segment of Towpath Trail continues along the canal towpath east of Continental Drive.

This brochure was funded by the Federal Highway Administration’s Recreational Trails Program through the New Jersey Department of Environmental Protection.

Red Trail

*Red • 0.9 miles • Multiuse
Easy to moderate • Short loop trail near office*
Trailhead: Stephens Day Use Area parking lot. **Red Trail** follows the Musconetcong River before turning into the forest to loop back to the parking area.

Red & White Trail

*Red & white • 0.9 miles • Multiuse
Moderate • Winds among small ridges*
Trailhead: Red Trail near group shelter and picnic area. **Red & White Trail** begins and ends from Red Trail and makes a loop as it crosses small forested ridges.

White Trail

*White • 6.8 miles • Multiuse
Moderate • Long loop trail through challenging terrain*
Trailhead: Red & White Trail or Orange Trail. **White Trail** travels through the forested landscape south of the Musconetcong River. White Trail also provides connection to Maze Trail, Green Trail and Blue Trail.

Yellow Trail

*Yellow • 0.5 miles • Multiuse
Easy • Short loop trail*
Trailhead: Stephens Day Use Area. **Yellow Trail** makes a small loop within the forested interior of Red Trail.



Mountain Biking

Mountain biking is permitted on all multiuse trails and paved roads. Please follow IMBA guidelines as listed below.

Respect the Landscape: Be a good steward, stay on the trail, don’t ride muddy trails, ride through standing water (not around it), ride (or walk) technical features (not around them), try to Leave No Trace.

Share the Trail: Yield to other non-motorized trail users, let other trail users know you’re coming with a friendly greeting or a bell ring. Try to anticipate other trail users as you ride around corners.



Ride Open, Legal Trails: Respect trail and road closures and obey trail use markings. Stay on existing trails and do not create new ones.

Ride in Control: Inattention for even a moment could put yourself and others at risk. Ride within your limits, be courteous, be careful around horses, and be in control of your bike at all times.

Plan Ahead: Know your equipment, your ability and the area in which you are riding and prepare accordingly. Download a GPS trail app or carry a map. Keep your equipment in good repair and carry necessary supplies for changes in weather or other conditions. Always wear a helmet and appropriate safety gear.

Mind the Animals: Don’t disturb wildlife or other animals.
www.IMBA.com

Explore Trail Tracker
The Interactive Trails
Map of NJ State Parks



spstrailtracker.nj.gov

Allamuchy North Trails

The following trails are in the northeast area of Allamuchy Mountain State Park - north of Route 80 and west of Route 206. They are very popular for mountain biking. See descriptions below for specific trailheads.

Byram Trail

*Gray • 1.5 miles • Multiuse
Easy • Gentle woods road*
Trailhead: Sussex Branch Trail. **Byram Trail** leaves Sussex Branch Trail, travels along Jefferson Lake Road, then through the forest to connect with Drexel Drive on the west side of the park.

Ditch/Cardiac Trail

*Purple • 2 miles • Multiuse
Moderate to difficult • Single-track loop trail across oak covered hilltop*
Trailhead: Switchback Trail or Waterloo/517 Trail. **Ditch/Cardiac Trail** ascends a series of switchbacks in the first mile. The trail crests a ridge-top among scrub oak forest and descends on the southeast side to join Waterloo/517 Trail.

Iron Mine Trail

*Blue • 1.6 miles • Multiuse
Moderate • Rocky loop trail*
Trailhead: Sussex Branch Trail about 1 mile from parking area. **Iron Mine Trail** is a short loop trail along a mix of single-track and double-track forest paths.

Pebble Trail

*Yellow • 3 miles • Multiuse
Moderate • Rocky and hilly trail along ridgeline*
Trailhead: Waterloo/517 Trail about 0.3 miles from the Sussex Branch Trail. **Pebble Trail** is a scenic forested loop that travels along a ridgeline above the Musconetcong River. The trail overlaps with Waterloo/517 Trail. Along the ridgetop, visitors will encounter a large glacial erratic - a boulder known locally and ironically as the “Pebble”.

Ranger Trail

*Red • 2.6 miles • Multiuse
Moderate • Challenging trail across hilly terrain*
Trailhead: Sussex Branch Trail, 0.4 miles from parking area. **Ranger Trail** ascends hillsides in either direction to gain a hilltop. The single-track trail travels through hardwood forest with many log and rock crossings.

Switchback Trail

*Orange • 2 miles • Multiuse
Easy • Flat trail along forest adjacent to road*
Trailhead: Parking area on Stuyvesant Road. **Switchback Trail** contours along a hillside staying near Allamuchy Road. The terrain is relatively flat except for a short climb on south side.

Waterloo/517 Trail

*White • 5.6 miles • Multiuse
Moderate • Single-track trail across varied terrain*
Trailhead: Sussex Branch Trail or Stuyvesant Road **Waterloo/517 Trail** crosses a large section of the interior of Allamuchy Mountain State Park across forested hillsides and ravines. The trail varies in width with many short sections of moderate elevation change.

Waving Willie Trail

*Green • 3.4 miles • Multiuse
Moderate • Rocky single-track route*
Trailhead: Cranberry Ledge Road. **Waving Willie Trail** starts from a residential road on the north side of Cranberry Lake and connects with Waterloo Trail and Sussex Branch Trail along rocky single-track.



TRAILS

ALLAMUCHY MOUNTAIN/ STEPHENS STATE PARKS



ALLAMUCHY MOUNTAIN/
STEPHENS STATE PARKS
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908-852-3790

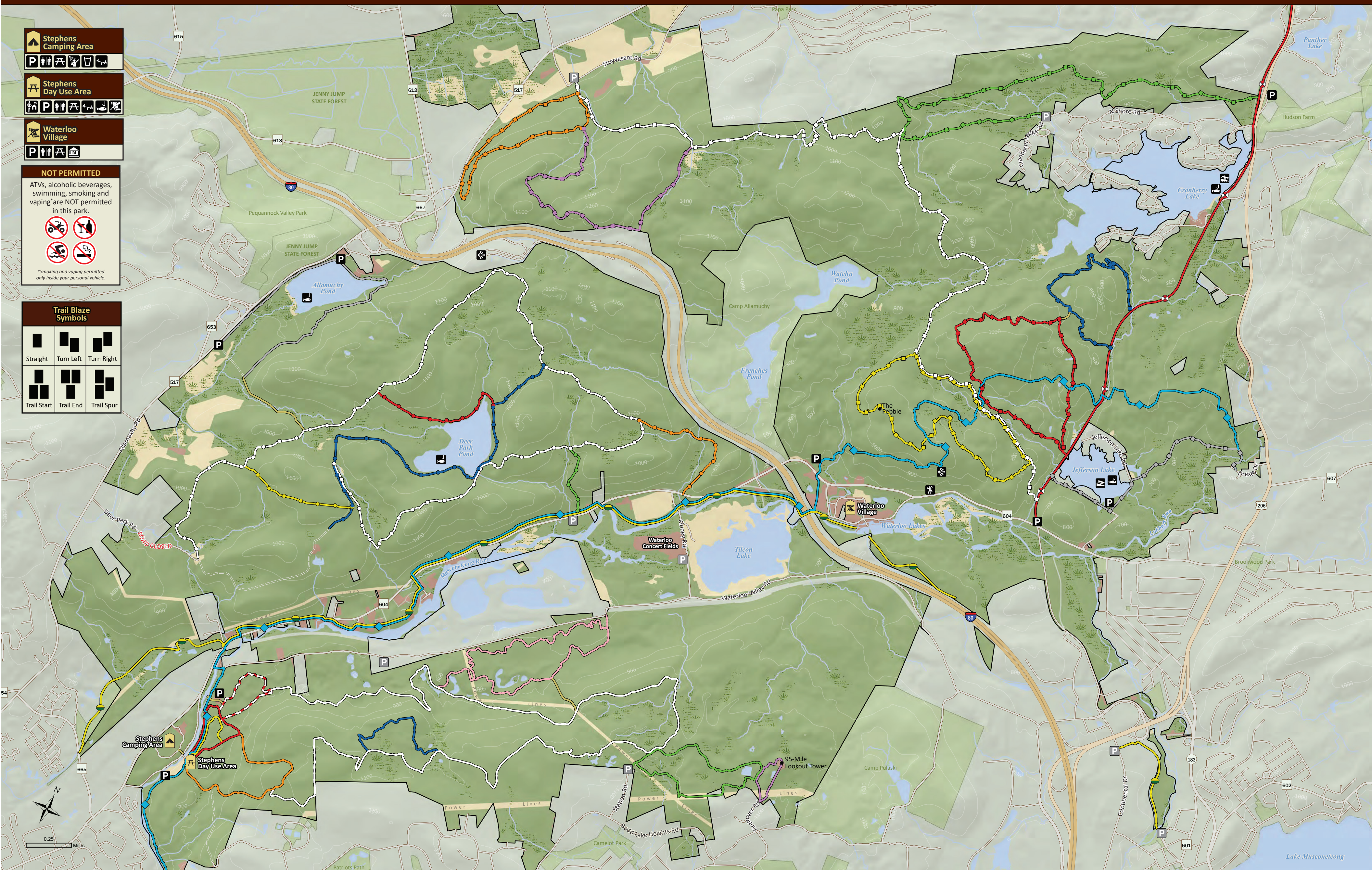
State of New Jersey
Department of Environmental Protection
State Parks, Forests & Historic Sites
New Jersey State Parks

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CMY 2/25

ALLAMUCHY MTN & STEPHENS State Parks



Stephens
Camping Area

Stephens
Day Use Area

Waterloo
Village

NOT PERMITTED

ATVs, alcoholic beverages,
swimming, smoking and
vaping are NOT permitted
in this park.

*Smoking and vaping permitted
only inside your personal vehicle.

Trail Blaze Symbols

Straight	Turn Left	Turn Right
Trail Start	Trail End	Trail Spur

Open Field or Grass

Forest

Developed Area

Water

Wetland

Deer Park Trails

- Allamuchy Pond Trail (2.2 mi)
- Barberry Trail (0.8 mi)
- Birch Trail (0.7 mi)
- Deer Path Trail (6.5 mi)

Stephens State Park Trails

- Blue Trail (0.8 mi)
- Green Trail (2 mi)
- Orange Trail (1.3 mi)
- Maze Trail (1.9 mi)

Allamuchy North Trails

- Byram Trail (1.5 mi)
- Ditch/Cardiac Trail (2 mi)
- Iron Mine Trail (1.6 mi)
- Pebble Trail (3 mi)

Regional Trails

- Highlands Trail (10 mi)
- Sussex Branch Trail (3 mi)
- Towpath Trail/
Morris Canal Greenway (7.3 mi)

Other Features

- Fire Tower Trail (0.6 mi)
- Red Trail (0.9 mi)
- Red/White Trail (0.9 mi)
- White Trail (6.8 mi)
- Yellow Trail (0.5 mi)
- Ranger Trail (2.6 mi)
- Switchback Trail (2 mi)
- Waterloo/517 Trail (5.6 mi)
- Waving Willie Trail (3.4 mi)

Trail Connector

Unimproved Road

Boat Launch

Drinking Water

Fishing

Historic Site

Museum

Parking Lot

Parking (Pull Off)

Park Office

Picnic Area

Playground

Restrooms

Rock Climbing

Scenic View

Shower