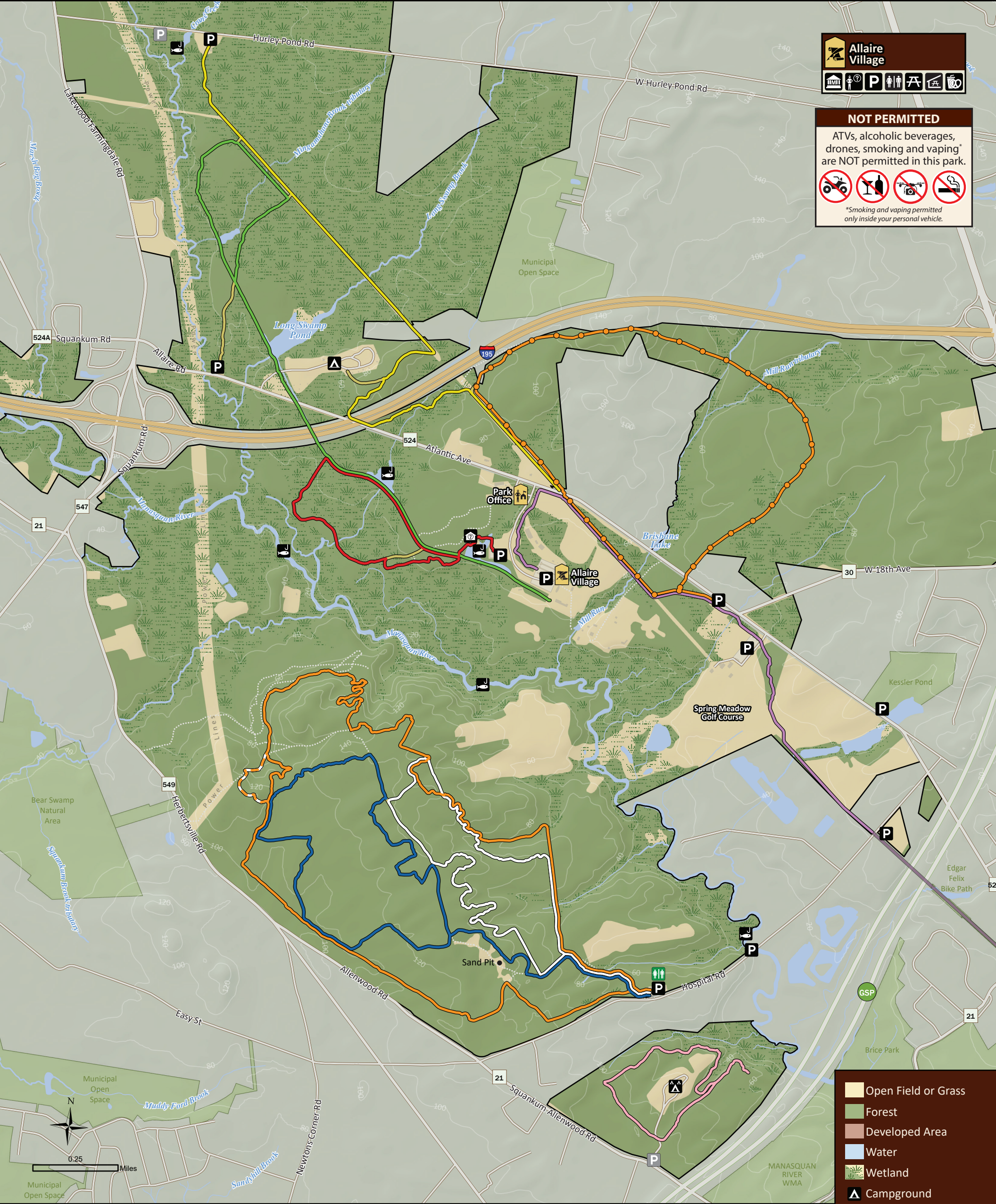


ALLAIRE State Park



Allaire Village

NOT PERMITTED

ATVs, alcoholic beverages, drones, smoking and vaping* are NOT permitted in this park.

*Smoking and vaping permitted only inside your personal vehicle.

- Open Field or Grass
- Forest
- Developed Area
- Water
- Wetland
- Campground
- Concession
- Fishing
- Group Campground
- Interpretive Center
- Museum
- Parking Lot
- Pull Off Parking
- Picnic Area
- Picnic Shelter
- Primitive Restrooms
- Restrooms
- Tours

	Trail		 Grade		 Cross Slope		 Trail Width		 Surface Types
			Typical	Maximum	Typical	Maximum	Typical	Minimum	
	Boy Scout Trail	1.3 mi	5%	12%	3%	11%	47 in	36 in	Sand, Soil
	Brisbane Trail	2.9 mi	5%	12%	3%	10%	60+ in	29 in	Asphalt, Grass, Sand, Soil
	Canal Trail	3.8 mi	4%	13%	2%	6%	60+ in	34 in	Gravel, Sand, Soil
	Capital to Coast Trail	1.9 mi	2%	8%	2%	7%	60+ in	54 in	Asphalt
	Mountain Laurel Trail	3.2 mi	4%	12%	4%	20%	51 in	30 in	Asphalt, Gravel, Sand, Soil
	Nature Trail	1.7 mi	5%	15%	4%	12%	60+ in	21 in	Asphalt, Grass, Gravel, Sand, Soil, Stairs
	Oak Trail	2.8 mi	4%	13%	4%	20%	43 in	27 in	Asphalt, Gravel, Sand, Soil
	Pine Trail	4.5 mi	5%	14%	3%	20%	49 in	27 in	Gravel, Sand, Soil
	Pine (Alternate) Trail	0.3 mi	4%	12%	3%	9%	53 in	36 in	Natural
	Upper Squankum Trail	2.3 mi	4%	13%	3%	13%	60+ in	40 in	Grass, Gravel, Soil

Warning: Trail conditions may have changed since summer 2025 when these trails were assessed.

TRAILS OF ALLAIRE STATE PARK

Allaire State Park offers more than 20 miles of official, blazed trails. Most trails around the historic village and family campgrounds are fairly flat, while trails on the south side include hills and are very popular with mountain bikers. Many trails are multiuse (hiking, biking, horseback riding), but trails close to the historic village are for hiking only. Look for permitted uses on signs.

Brisbane Trail

Orange • 2.9 mile loop • Multiuse
Mostly flat, with sandy & wet patches

Trailhead: Atlantic Ave. parking lot. Turn right along the paved path and follow orange blazes. After a quarter mile, **Brisbane Trail** crosses Atlantic Ave. at a pedestrian crossing. Pick up the trail behind the gate. In the shade of a pine forest, Brisbane Trail parallels Upper Squankum Trail for a while, and then peels off to the right. This sandy, undulating trail has some picturesque stops where streams cross under the path. Pause to enjoy the sounds of running water and frogs plopping in. This shady trail is home to red, black, scarlet, white and chestnut oaks - all acorn-producers. Look for blue jays, wild turkeys, grey squirrels, and white-tailed deer eating acorns off the ground. As the trail winds south again, look for a group of black walnut trees. Cross the road with care to complete the loop.

Canal Trail

Green • 3.8 miles with loop • Hiking and Multiuse
Check the signs! Even terrain, packed earth/gravel

Trailhead: From the main parking lot, walk towards the visitor center, turn right at “Historic Allaire Village” then right again to follow the trail alongside the canal. **Canal Trail** parallels the historic canal through the forest, sharing the path with Nature Center Trail. The trail then passes under I-195 and crosses over Atlantic Ave. near the family campground. **Use caution** if you choose to cross this road! Canal Trail then skirts a field at the entrance to the campground, passes Long Swamp Pond and splits three ways. The right and center forks both return to this junction. The left fork leads to Atlantic Ave.

The canal was built to move water from local streams to the Mill Run for the iron industry. This is a great trail for watching birds and pond life.

Capital To The Coast Trail

Purple • 1.9 miles in Allaire • Multiuse
Wide paved surface • Bike path

Trailhead: Allaire Village parking lot, turn left. **Capital To The Coast Trail** is a planned multiuse route spanning New Jersey from Trenton to Manasquan. Once complete, the trail will be 55 miles long and link parks, wildlife areas, towns and a college campus along the way. The section in Allaire is a 1.9 mile spur off the main route.

In Allaire, Capital To The Coast Trail is along the old rail bed of Freehold-Jamesburg Railroad. Many of the plants along this trail do well in disturbed areas like roadsides and fields. Look for native plants like dogbane, goldenrod, poison ivy, staghorn sumac and invasive species like autumn olive and multiflora rose. The trail passes through a thicket of American holly with beautiful mature trees and past Kessler’s Pond - a great spot for watching waterfowl. Towards the end, it passes between the golf course and historic farmland. Interpretive exhibits tell the history of the area. In summer, look for monarchs and other butterflies in the milkweed meadow next to the path.

The Allaire spur meets the main trail at Hospital Rd. Go straight for another five miles on Capital To The Coast Trail/Edgar Felix Bicycle Path, then follow signs on Manasquan streets to reach the ocean. To the right, this partially-finished route parallels Hospital Rd. and will link to the parking lot for the south side trails.

Nature Center Trail

Red • 1.7 mile loop • Hiking & Multiuse
Check the signs! Staircase, some rough ground

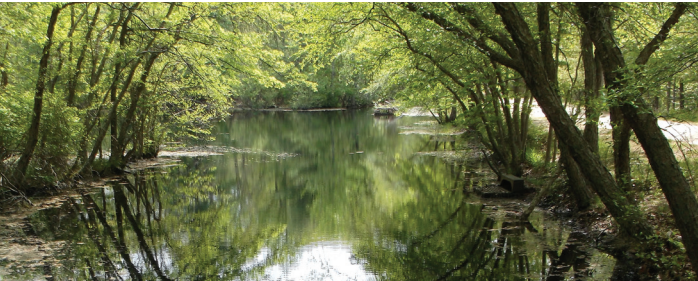
Trailhead: From the nature center, walk between the kiosks, across the canal bridge, then over the path. **Nature Center Trail** follows the top of a ridge overlooking a peat bog, then goes down steps (use care if wet) and becomes a boardwalk through the freshwater bog. Look for cinnamon fern, sphagnum moss and skunk cabbage.

After leaving the bog, the trail twists to the right then meets a sandy road at a T-junction. Turn left to stay on the trail through a mixed forest with vernal pools. Along the trail, sweet gum, red maple and oaks share the forest. Or, for a quick return, turn right onto the connector trail (brown blaze) at the T-junction. Nature Center Trail meets Canal Trail at a second T-junction. Turn right to stay on a combined Nature Center/Canal Trail leading back to the nature center and village.

Upper Squankum Trail

Yellow • 2.3 miles • Multiuse
Mostly flat, with sandy and wet patches

Trailhead: Hurley Pond Rd. parking lot (0.3 miles from Squankum Rd). **Upper Squankum Trail** starts in the parking lot to the right of the white & green building, follows a woods road through a gate and onto an old railroad bed. The trail begins straight and flat. Close to I-195, it turns sharp right and becomes a single track through a field of blueberries. It skirts the rear of the family campground, then turns downhill to the edge of Atlantic Ave. The trail parallels the chain-link fence under I-195, and then veers to the left to eventually meet up with the old railroad bed again.



South Side Trails

There are three official, blazed multiuse trails off the parking lot on Hospital Rd. and Boy Scout Trail by the group campground – all popular with mountain bikers, horseback riders and hikers. Official trails are blazed. For your safety and habitat protection, please don’t use unmarked trails.

The soil here is sandy and the forest resembles pine barrens ecology with many pitch pines and oaks and a thick understory of mountain laurel in many places.

Boy Scout Trail

Pink • 1.3 mile loop • Multiuse
Short steep hills where the trail crosses a gully

Trailhead: At entrance to group campground on Squankum-Allenwood Rd. Park outside the gate, but please don’t block it. **Boy Scout Trail** loops around the group campground.

This brochure was funded by the Federal Highway Administration’s Recreational Trails Program through the New Jersey Department of Environmental Protection.

Mountain Laurel Trail

Blue • 3.2 mile loop • Multiuse
Uneven, sandy surface, soft sand spots

Trailhead: Hospital Rd. parking lot. **Mountain Laurel Trail** has fewer hills than the other trails. It runs through dense mountain laurel stands and flanks an abandoned sand pit. It is especially beautiful in spring when the mountain laurels are in bloom.

Oak Trail

White • 2.8 mile loop • Multiuse
Uneven terrain, sandy surface

Trailhead: Hospital Rd. parking lot. **Oak Trail** shares the path with the much-longer Pine Trail for half its length. At the fork, go right with Pine Trail for counterclockwise ride, or left with Mountain Laurel Trail for the clockwise loop. Counterclockwise: Watch for a 90° turn to the left away from Pine Trail, then another 90° turn to the left to turn you back towards the trailhead. After a series of switchbacks, you’ll join Mountain Laurel Trail back to the old road and trailhead.

A walk on this trail will reward you with beautiful mature oaks, including the scarlet oak, named for its brilliant red fall color. Listen for the calls and drumming of woodpeckers.

Pine Trail

Orange • 4.5 miles • Multiuse
Uneven terrain, hills, sandy surface

Trailhead: Hospital Rd. parking lot. **Pine Trail** is the longest south side trail with the most varied terrain. From the trailhead at the parking lot, keep going straight to follow the trail clockwise. The trail is challenging in parts with soft sandy areas, a steep “staircase” near the power lines and an exciting switchback. Many unmarked, unofficial trails cross the trail; pay attention to the color blazes at junctions. The white and orange blazed Pine (Alternate) Trail is a steeper more challenging 0.3 mile side loop.

Explore Trail Tracker
The Interactive Trails
Map of NJ State Parks



TRAIL SENSE AND SAFETY

Trail Markings: Official trails are marked with colored blazes on posts, trees and occasionally on paved paths. For your safety and habitat protection, please stay on the trails and do not alter trail markings or create new trails. Links between trails – connector trails – are marked with brown posts or blazes and are tan-colored lines on the map. A color arrow indicates the trail ahead. Be aware of changing trail conditions.

Be Prepared: Consider bringing water, snacks, sunscreen, insect repellent and a hat. Dress for the weather. Tell someone where you plan to go and when you expect to return.

Horses: Riders must keep horses on trails where they are permitted.

Pets: Pets must always be on a leash no longer than 6 feet in length and under the control of the owner at all times. Please clean up after your pets and take the waste with you.

Keep It Clean and Green: Bring a bag or two and carry your trash out with you. Trash cans are not provided. Don’t forget to recycle!

Tick Protection: Use insect repellent, wear light-colored clothing, tuck pants into socks, stay on trails, check yourself thoroughly, shower and launder clothes immediately.

Riders: Follow the International Mountain Bike Association “Rules of the Trail” guidelines for trail etiquette and yield appropriately. Helmets are required by law for children under 17 and recommended for all riders.

Bear Aware: Black bears are found throughout New Jersey. Do not approach or attract bears by making food available. Feeding bears is dangerous and illegal. Never run from a bear! To report an aggressive bear, call 1-877-WARN-DEP (1-877-927-6337) immediately. Please report any damage or nuisance behavior to the park office. Visit the NJDEP Fish & Wildlife at dep.nj.gov/njfw/bears for additional information on bear safety.

Report Trail Issues: 732-938-2371

Emergency Numbers:
1-877-WARN-DEP (1-877-927-6337) or 911



ALLAIRE STATE PARK
4265 Atlantic Ave.
Wall Township, NJ 07727
732-938-2371



State of New Jersey
Department of Environmental Protection
State Parks, Forests & Historic Sites
New Jersey State Parks



STATEPARKS.NJ.GOV



FACEBOOK.COM/NEWJERSEYSTATEPARKS



@NEWJERSEYSTATEPARKS



4/26 CMY

TRAILS

ALLAIRE
STATE PARK



NEW JERSEY



STATE PARKS