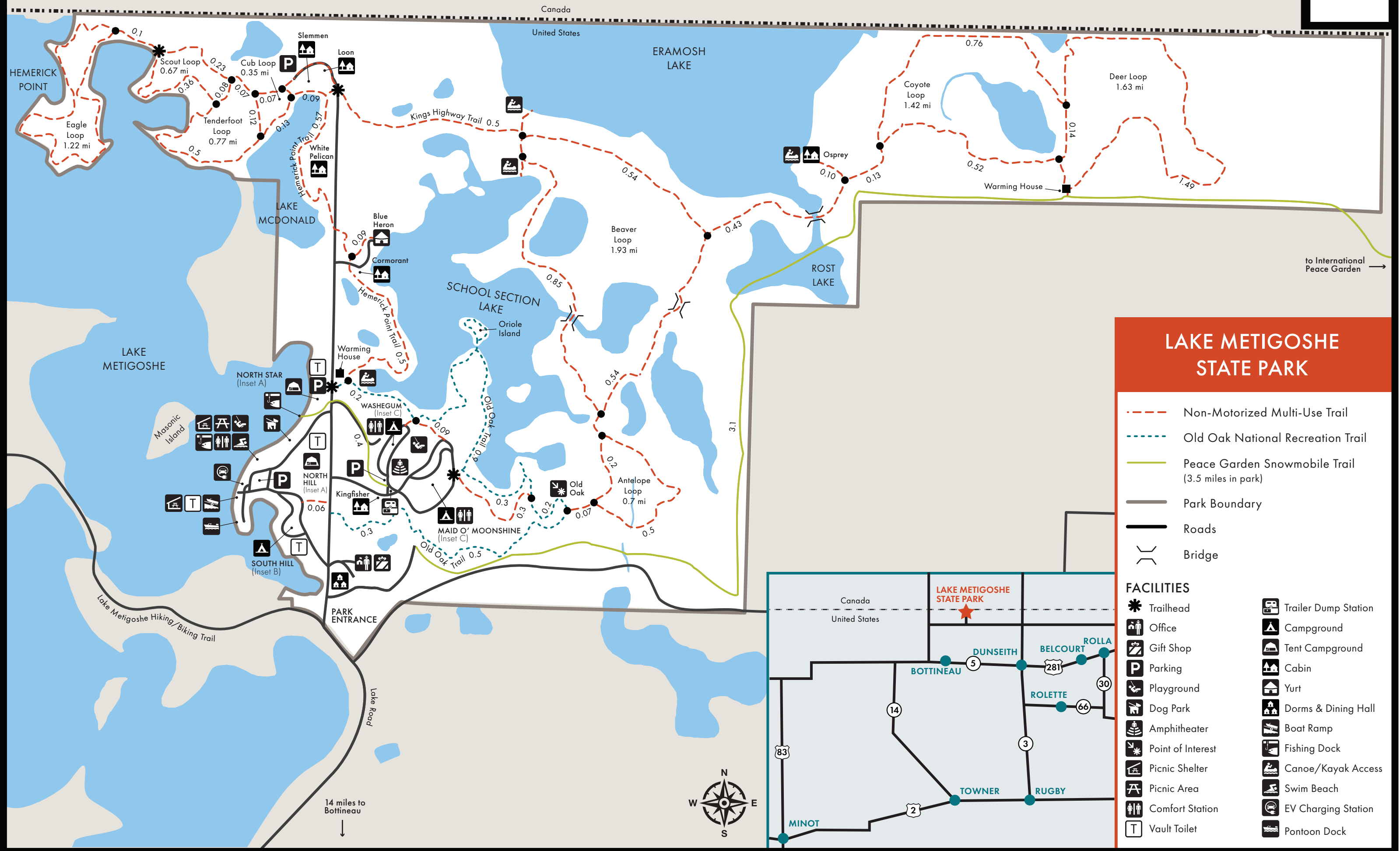


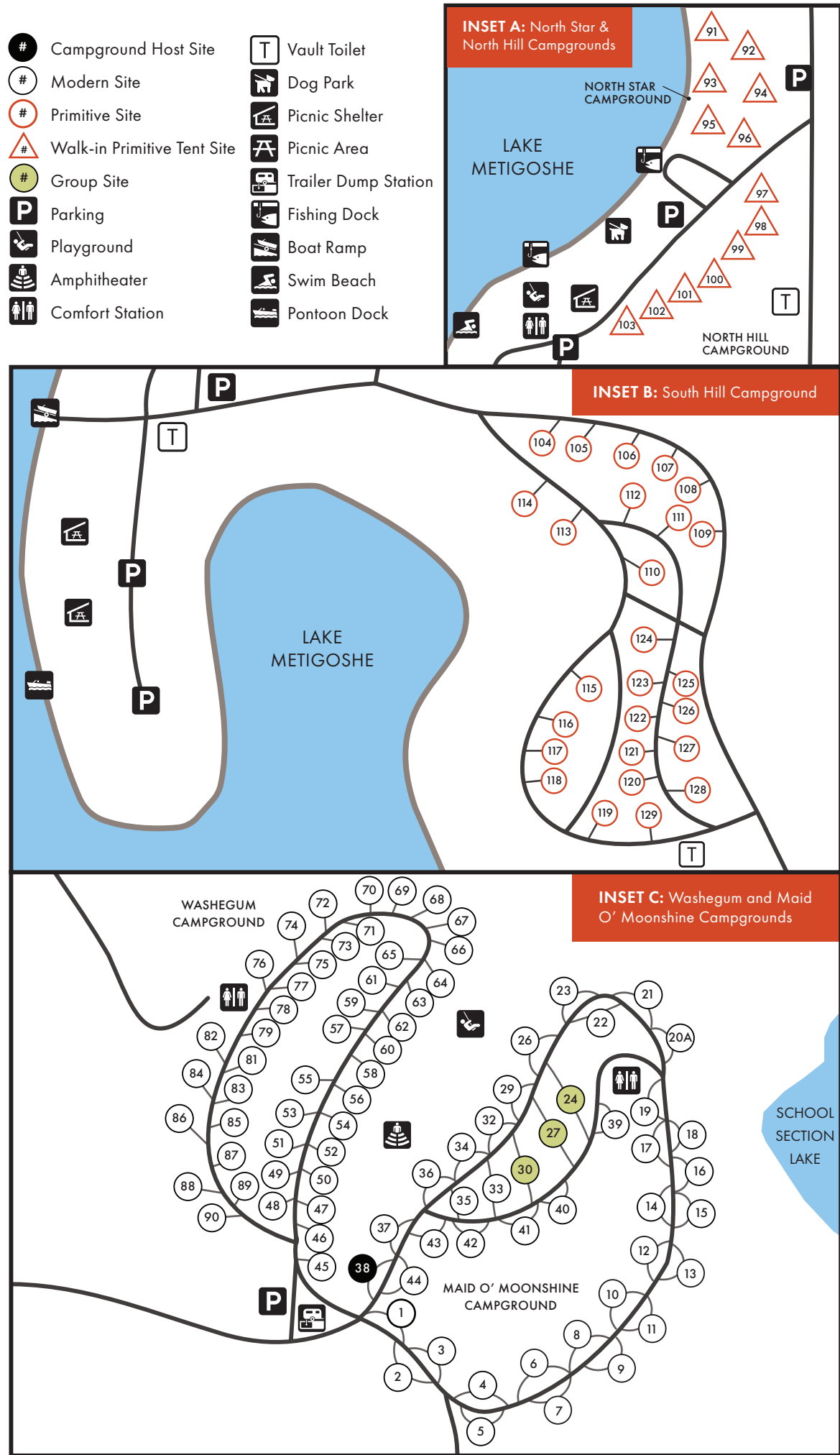


LAKE METIGOSHE
STATE PARK

- Non-Motorized Multi-Use Trail
- Old Oak National Recreation Trail
- Peace Garden Snowmobile Trail (3.5 miles in park)
- Park Boundary
- Roads
- Bridge

FACILITIES

- Trailhead
- Office
- Gift Shop
- Parking
- Playground
- Dog Park
- Amphitheater
- Picnic Shelter
- Picnic Area
- Comfort Station
- Vault Toilet
- Trailer Dump Station
- Campground
- Tent Campground
- Cabin
- Yurt
- Dorms & Dining Hall
- Boat Ramp
- Fishing Dock
- Canoe/Kayak Access
- Swim Beach
- EV Charging Station
- Pontoon Dock



NORTH
Dakota

Be Legendary.

Lake Metigoshe

STATE PARK

2 Lake Metigoshe State Park

Bottineau, ND 58318

Bottineau County

701-263-4651

RESERVATIONS: 800-807-4723

or online at reserveNDparks.com

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@

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SO EVERYONE CAN ENJOY THEIR VISIT

PARK HOURS
The state parks are open daily from 7 a.m. to 10 p.m. for use year-round.

CAMPGROUND QUIET HOURS
Quiet hours are between 10 p.m. – 7 a.m. year-round. Generator usage is allowed from 8 a.m. – 8 p.m.

FIREWOOD
To help prevent the spread of invasive species, we ask that visitors do not bring or use out-of-state firewood. Firewood is available for purchase at the park office, entrance station, and the campground host site.

PETS ON LEASHES
Pets are welcome but must stay on a leash while in the state park. A dog park is located by the North Hill Campground.

EMERGENCY INFO
In an emergency dial 911. Find fire danger ratings and restrictions at ndresponse.gov.

MUST SEE & DO

- Rent a canoe or kayak and explore School Section Lake. If you are feeling adventurous, take the portage over to Eramosh Lake, which is located partially in the United States and partially in Canada.
- Download the free geocaching or Adventure Lab app, hit the trails and find several geocaches located within the park.
- Explore 14 miles of multi-use trails nestled in the scenic Turtle Mountains.
- Lake Metigoshe State Park hosts events all year round, including fall and winter Wild Outdoor Women events, day camps for kids and Halloween in July. Come for the day or make it a weekend by camping or renting a cabin.

MORE TO EXPLORE

- Explore the Old Oak Trail, North Dakota's first National Recreation Trail. Built by the Youth Conservation Corps (YCC) in 1974, it was dedicated by Governor Arthur Link in 1976. This self-guided interpretive trail is approximately three miles in length and takes about two hours to hike. Interpretive brochures are available at the trailhead or at the park office.
- Lake Metigoshe is great for swimming, boating and fishing. Rent a pontoon, stand-up paddle board or aqua pad for even more fun on the water!
- The diverse habitat of the area makes for great bird watching. Thirty-seven of the over 174 birds that can be observed at the park are on the Natural Heritage Program's state rare species list.

VISITOR TIPS

- Please follow speed limits. Keep an eye out for wild animals and respect their habitat by remaining a safe distance.
- Visitors are prohibited from collecting firewood or any other natural items or artifacts in the park.
- **Camping:** check-in is at 4 p.m., checkout is at 3 p.m.
- **Overnight rentals:** check-in is 4 p.m., check-out is at noon

VISITING IN WINTER

- The park has an extensive winter trail system. Trails are groomed for cross-country skiing and packed for snowshoeing and biking. Snowshoes, kicksleds, skishoes and cross-country skis can be rented at the park office.
- Ice fishing is a popular winter activity on Lake Metigoshe. Anglers can find species including northern pike, bluegills, crappies, walleye and perch.
- Bring a sled and enjoy the park sledding hill located near the warming house.